



Sport and Activity Risk Assessment

Offsite guide for parents or guardians in the instance of COVID-19 remote learning

Site name	Marryatville High School
Proposed activities	Personal Fitness Venture
Class and year level	8 to 12
Number of children/ young people	1
Number of employees/ volunteers	1 teacher supervising remotely, 1 parent or guardian supervising at home

Key contacts	Name	Contact No
Site leader	John Tiver	08 8304 8420
Teacher-in-charge/responsible person	HPE Teacher remotely Parent / guardian at home	08 8304 8420
Alternative teacher contact	Courtney Gerke	08 8304 8420
Health and safety representative	Finn Galindo	08 8304 8420
Site point of contact	Julie Ferguson	08 8304 8420
First aider	Parent supervisor	

APPROVAL

Acknowledgement: Safety risks have been identified for the activity with controls implemented to effectively manage risks to the health and safety of participating children, and young people.

Parent or Guardian MUST contact the Teacher-in-charge as soon as possible by phone or email if they:

- 1. Are unable to provide a safe area for young people to undertake activities**
- 2. Cannot provide adequate supervision of young person when performing activities**
- 3. Have any queries or concerns about the activity set by teacher-in-charge.**

Minimum requirements	
Planning	<ul style="list-style-type: none"> ✓ 1 parent or guardian to provide supervision and control of the activity. ✓ The venue for activity is reviewed by parent or guardian to determine the suitability of location. ✓ A parent or guardian to contact teacher in charge if they have any concerns or queries. ✓ Monitoring of CFS bushfire alerts in bushfire prone areas. Cancel the activity if the destination is in a bushfire prone area during an extreme fire danger warning, a total fire ban or if there is a bushfire. ✓ Monitoring of COVID-19 government directions and adhering to them. Exercise in compliance with the public gathering requirements and government guidelines. ✓ Ensure there is adequate supply of water and food, sun protection and appropriate clothing for weather conditions.
Conduct and behaviour	<ul style="list-style-type: none"> ✓ All participants are briefed on any relevant hazards. ✓ Children and young people are accounted for at regular intervals.
First aid	<ul style="list-style-type: none"> ✓ Medications required for children and young people must be easily accessible. ✓ Parent or guardian must be available to administer First Aid and/or contact emergency services if required.

Sports and Activity risk assessment for additional hazards

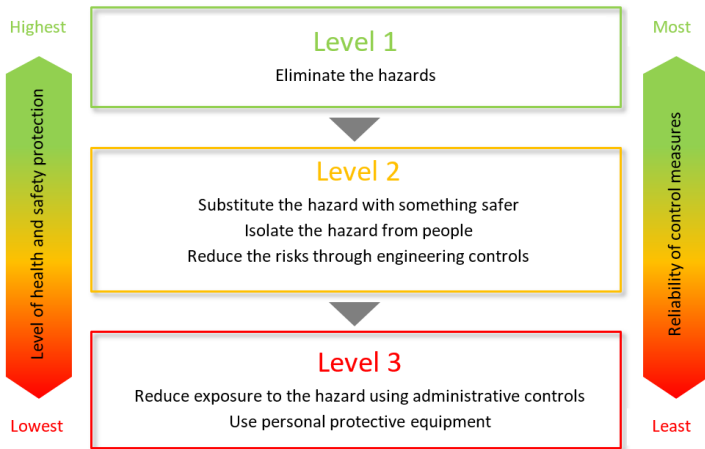
Hazard identification (What is the issue of concern?)	Risk controls (What are you doing to eliminate or mitigate the issue?)	Residual risk (All controls in place)		
		Likelihood	Consequence	Risk rating
Sun and Heat Exposure	<ul style="list-style-type: none"> • Use a high SPF sunscreen • Encourage all children to wear hat when UV is high. • Hot weather policy – no outdoor activities when temperature is 35 degrees or above. • Ensure drink breaks occur regularly in all activities (recommended drink breaks every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks • Monitor students for signs of fatigue and dehydration 	D	1/2	LOW
Injury due to not warming up	<ul style="list-style-type: none"> • Students to undertake appropriate warm up set by teacher-in-charge • Approximately 10 minute warmup 	D/E	2	LOW
Safe Surfaces	<ul style="list-style-type: none"> • Ground Surfaces are checked for: holes, cracks, rocks, slippery or uneven ground. • Hazards are removed: broken glass, syringes, rubbish, dog poop, broken equipment. • Sturdy Shoes with good tread are recommended. 	D/E	2	LOW

	<ul style="list-style-type: none"> • Avoid Activities when area or equipment are wet from dew or rain. 			
Trip/slip hazards including obstacles on floor, loose carpets or tiles, electrical cords, etc.	<ul style="list-style-type: none"> • Provide adequate storage to eliminate storage on floor. • Ensure carpets and floors are in a good condition. • Where possible minimise the use of extended power cords. • Secure any electrical cabling so they do not extend into walkways. • Regularly monitor trip hazards 	D/E	2	LOW
Ventilation	<ul style="list-style-type: none"> ▪ Ensure adequate ventilation, especially in areas where there is strenuous physical activity (e.g. with fans, air conditioning, windows, etc.) 	E	2	LOW
Inclement Weather: Dust Storm, Thunder storm	<ul style="list-style-type: none"> • Parent to check weather conditions • Students to seek shelter and stay inside if necessary. 	E	2/3	LOW
Stranger Danger	<ul style="list-style-type: none"> • Parents to assess safety of activities eg running around neighbourhood. • Recommended that students do not go into public areas alone. 	E	2	LOW

	<ul style="list-style-type: none"> • Students instructed not to speak with, accept anything from or go anywhere with strangers. 			
Equipment Failure	<ul style="list-style-type: none"> • Parent to check equipment (if any being used) before use. • Regular Equipment maintenance if required. 	E	2	LOW
Injury due to incorrect use of Equipment	<ul style="list-style-type: none"> • Students to only use equipment which they have been correctly instructed to use (eg: by a teacher-in-charge, gym instructor, personal trainer etc...) • If students are using weights, parents or guardian must supervise the amount they are using. If students are lifting too much then they will be told to reduce the weight. 	D/E	2	LOW
Injury due to incorrect performance of activities	<ul style="list-style-type: none"> • Students to follow the guide set by teacher-in-charge • Teacher-in-charge to check student programs to ascertain suitability • Parents to monitor students when performing activities. 	E	1/2	LOW

Step 1: Identify any additional hazards.

Step 2: Identify controls to eliminate or mitigate the risk using the Hierarchy of Control below.



← The ways of controlling risks are ranked from the highest level of protection and reliability to the lowest as shown

Step 3: Assess the risk of the identified hazard assuming all controls are in place

WHS Risk Assessment Matrix		Consequences (skew)					
		1 - Insignificant None required. Debriefing. Personal support.	2 - Minor Local first aid provision	3 - Moderate Medical or dental treatment. Hospital outpatient.	4 - Major Serious injury. Hospital in-patient	5 - Catastrophic Death, permanent disabling injury	
Likelihood	A	Certain to occur at some stage	Medium	High	High	Extreme	Extreme
	B	Likely: to occur	Low	High	High	Extreme	Extreme
	C	Possible could reasonably occur	Low	Medium	Medium	High	Extreme
	D	Unlikely: to occur	Low	Low	Medium	High	Extreme
	E	Rare not expected to occur	Low	Low	Medium	Medium	High

Step 4: Review the risk descriptors for direction on suitability of the activity and appropriateness of the controls

Extreme	<p>Do not undertake the activity</p> <ul style="list-style-type: none"> Consult with the site leader on the need to undertake this task. Contact the Work Health and Safety team on education.whs@sa.gov.au or on 8226 1440 for additional control guidance.
High	<p>Act immediately to eliminate, substitute, isolate the risk or implement additional engineering controls prior to undertaking the activity</p> <ul style="list-style-type: none"> Escalate to local Health and Safety Committee for review Consult with workgroup Health and safety representative where available Review department WHS risk management intranet for control requirements
Medium	<p>Take reasonably practicable steps to minimise the risk further (SFARP)</p> <ul style="list-style-type: none"> Consult with workgroup Health and safety representative where available Review department WHS risk management intranet for control requirements
Low	<p>Monitor controls to ensure effectiveness and suitability (ALARP)</p> <ul style="list-style-type: none"> Re-assess and adjust controls as required.

Emergency management plan

1. Provide immediate first aid assistance or care prescribed by an individual health support plan and/or isolate any person with an infectious disease.
2. Call **000** and advise them of the closest vehicle entry point.
3. Ensure communication with emergency services is maintained.
4. Send another person to the point where emergency services will enter the location, if it is safe and you are able to do so.
5. Wait for emergency services to arrive or provide further information/instruction.
6. Report the emergency to the site leader of the school by using the agreed form of communication tool i.e. phone.
7. Site leader will then notify:
 - Education Director
 - Report on IRMS as a notifiable incident.